



Self-Leadership
Mentorship Program

**WITH AUSRA BIJAMINIENE,
LEADERSHIP BREAKTHROUGH MENTOR**

PURPOSE

ROOTED helps leaders move from constant pressure to clear, confident leadership that feels lighter, clearer, and more intentional. You'll gain deep self-awareness, learn to trust your own decisions, lead with strength that doesn't drain you, and move forward with certainty and assurance. Because the strongest leaders are rooted.

WHAT'S INCLUDED?

HOGAN ASSESSMENT

Science-backed personality assessment used by 75% of Fortune 500 companies and leading organizations worldwide with the purpose to deepen self-awareness and understanding of the leaders' impact on the environment where they operate as well as identify key topics for further discoveries. This includes an online test and 1.5 hrs feedback session with Ausra.

THREE 1-HOUR MENTORSHIP SESSIONS

To work further on the most relevant topics, identify necessary corrective actions, practice, reflect, and identify the most efficient ways to lead for the desired results.

UNLIMITED SUPPORT

By email or phone during the program in between the sessions.





GIFTS

#1. PERSONAL VALUES SESSION

1-hour 1:1 session with Ausra to discover your Personal Values.

#2. GPS PROGRAM

GPS: **Guided Personalized Shift** online program is a practical 5-step system for profound breakthroughs. Through a 21-day guided experience, you'll deepen your self-awareness, practice self-care, boost confidence, and much more. Valid for 6 months from the start of the program.

MENTOR

Ausra Bijaminiene, Leadership Breakthrough Mentor. Co-founder of Boutique Institute of Leadership, Host of CEO Pitstop podcast, Top 100 Global Mentor, 25 years in HR, ex Chief People Officer, Certified Executive Coach.



CLIENTS' WORDS

INMA RODRIGUEZ SOLAN

Chief People Officer, Euroleague Basketball

Working with Ausra has brought a significant change in how I live both my professional work and the personal growth I am going through. She is a professional who has walked the path she teaches, and her strength is that she shares it with her unique, personal touch. She shares her knowledge from both her professional and personal experience, always guided by the heart and the respect she has for those who work with her. I will always recommend her to anyone who understands that the professional and personal go hand in hand.



TADAS TAMOSAITIS

Chief Technology Officer, FL Technics

I was lucky to join the leadership development program led by Ausra. Ausra is a professional who naturally manages to make you feel at ease. She is emphatic while simultaneously encouraging and challenging you to find your own answers. She guides you to places you were too scared to visit before and she is an excellent companion in the journey to self-rediscovery. Ausra's professional skills together with her charming personality, make her a perfect coach to any individual or group that go through career changes, challenges or any need for guidance and support.



MINDAUGAS PASILAUSKAS

former CEO of Girteka Logistics, West

It is very hard to describe Ausra. There is so much good in her, that you need to meet her to understand it all. Very professional and truly, deeply caring. Always spot on then you need help. Ausra is core in finding leaders and helping them grow. Deep understanding of business needs, huge experience helped to gain perfect results. Happy to work together.

**AUSRA
BIJAMINIENE**

In meaningful journeys with:



SANDOZ

Nordea

Danske Bank



... and many more

For more information please

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